



REGISTERED CHARITY No. 1112864



# *Action for Ulmes Walton*

## *A walk through our countryside*

### *Walk Fourteen*

#### *The Plough and Worden Park*

**DISTANCE:** 3 ½ miles. **TIME:** 1 hr 15 mins.

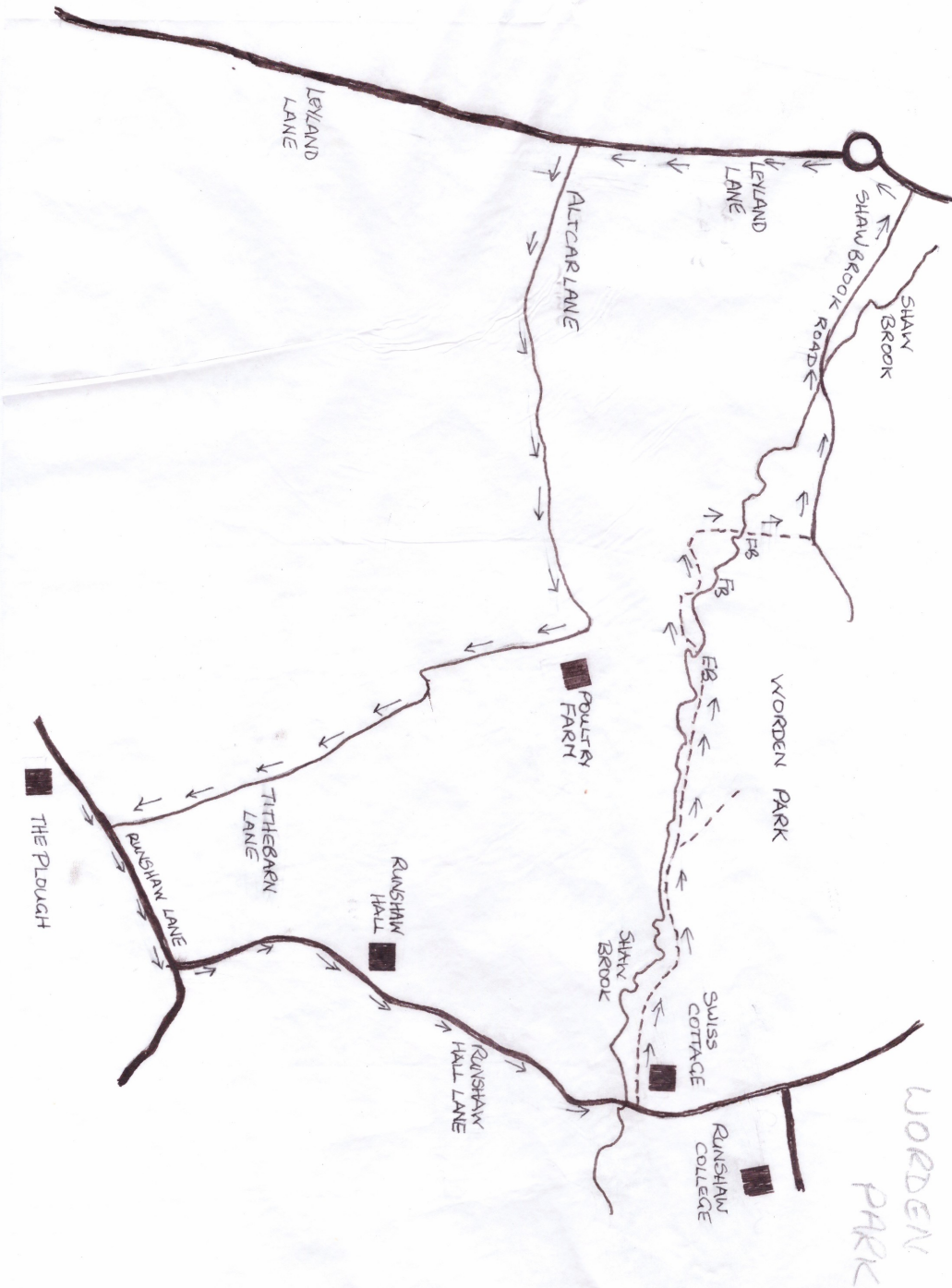
**Why you should:** can be walked in most weathers since many of the surfaces are tarmac. Goes through woods with beautiful mature trees and beside a river. No steep hills or difficult stiles.

**Why you shouldn't:** The first part is along main roads with no pavement.

**Park:** at the Plough on Runshaw Lane if you are having a drink or a meal there.

#### **Directions**

**1** Turn right out of the car park and walk along the grass verge (there is no pavement).



**2** Turn left at Runshaw Hall Lane. There is no footpath so you need to cross and re-cross to be safe. *Notice the large pond on your right in the trees. It is owned by the Withnell Angling Club. Runshaw Hall is on the left. Rebuilt in 1826 it is a grade II listed building but now houses modern flats and mews.*

**3.** On reaching Swiss Lodge go through the gateway and then through the kissing gate

**4.** Go straight ahead along the footpath. *This is the southern edge of Worden Park and follows the Shaw Brook as it meanders and flows over waterfalls. This valley has a large variety of huge mature trees- look out especially for the Beech trees whose exposed roots form a huge lattice. In spring the woodland floor supports a carpet of wildflowers.*

**5.** Eventually, after about half a mile, the path passes a pond on your right and the path forks in two. Take the left fork then very soon turn left through the black metal gates. The main part of Worden Park lies to your right.

**6.** You are now on Shawbrook Road. Once at the end turn left onto Leyland Lane.

**7. DO NOT** follow the path round to the left but head toward the roundabout and go left signposted "Southport, Chorley"

**8.** Take the first lane you come to on the left. (Altcar Lane) *The lane climbs steadily and when you're near the top turn round to see great views towards Southport. Stay on Altcar lane for its full length.*

**9.** At the metal gates turn right along the footpath marked. The huge sheds you pass are for poultry and are part of factory farming.

**10.** You are on Tithe Barn Lane. *The fields on the left are used to grow turf for lawns.* At the end turn right onto Runshaw Lane and follow the main road to return to The Plough